

OFFICE OF THE TREKKING & MOUNTAINEERING DIVISION
GARHWAL MANDAL VIKAS NIGAM LTD., MUNIKIRETI, RISHIKESH
TOUR NO. 02
UTTARKASHI-MALLA-BHUDA KEDAR-GHUTTU-PANWALI-TRIYUGINARAYAN-
GAURIKUND-KEDARNATH-GAURIKUND

Duration: 09 Days w.e.f 11.5.10 to 19.5.10, Season –April to October Grade – Medium-hard

Cost: @ Rs. 22680/-per pax, US \$-515, Euro - 384

SERVICES: Accommodation in tourist bungalows/lodges/camps, Indian vegetarian all meals, trekking equipment (Tent, sleeping bag & mattress), Rs. one lac Insurance of participants, first aid, services of trained mountaineering tour escorts and experienced camp followers.

Description : The trek is along the old pilgrimage route from Gangotri to Sri Kedarnath(3585m). The trek traverse through hills, dales, verdant valleys, dense forests, picturesque hamlets and a superb high altitude alpine meadows Panwali Kantha. The trek offers one of the most captivating views of the majestic Himalayan ranges of Yamunotri(3323m), Gangotri(3140m), Kedarnath(3583m) and Badrinath(3110m). The trek begins from Malla and till Ghuttu arrival there is frequent ups & down. The main ascent of the trek start from Ghuttu to Panwali kantha(3963m) via Pyau kharak is through dense oak and pine trees. Panwali Kantha is a sprawling high altitude meadow studded with patches of forest and variety of colorful flowers. From Panwali kanth top the facing view of panoramic Himalayan peaks Nanda Devi(7434m), Kamet(7756m), Kirti stambh(6285m), Neelkantha(6596m), Chaukhamba(7138m), Kedarnath(6940m) is most enchanting. From Panwali to Kedarnath(3584m) the trek is gradual ups and downs. Kedarnath shrine amidst the dramatic mountains capes of majestic Kedarnath range stands one of the twelve ‘Jyotirlingas’ of Kedar or lord Shiva.

TREK ITINERARY

- 11.5.2010** All the participants are requested to assemble at TRH Uttarkashi. Uttarkashi situated on the left bank of river Bhagirathi is a prosperous town. The place is also base for mountaineering expeditions. The Nehru Institute of Mountaineering(NIM) is located here on a hill above the town. In the evening group reception and opening address. Dinner & o/n stay in TRH Uttarkashi, 1158m.
- 12.5.2010** After b/f 26 km drive to Malla with packed lunch. Trek to Belak 13 km, 2439m. Dinner & o/n stay in camp.
- 13.5.2010** After b/f 16 km trek to Budhakedar with packed lunch. Dinner & overnight stay in camp.
- 14.5.2010** After b/f 20 km trek to Ghuttu with packed lunch. Dinner & o/n stay in camp/Tourist Rest House, Ghuttu. Ghuttu situated at the bank of river Bhilangana

is famous for being gateway for Sahastratal & Khatling-Mashartal-Mayalipass-Kedarnath trek.

- 15.5.2010** After b/f 16 km trek to Panwali Kantha, 3963m. with packed lunch. The trek is a steep climb and leads north-north east to the high altitude grasslands of Panwali bugyals. As its a long and an arduous climb so one must carry along with them drinking water, glucose and candies to avoid dehydration. Dinner & o/n stay in camp/Dharamshala.
- 16.5.2010** After b/f 22 km trek to Triyuginaraian, 1500m. with packed lunch. Dinner & o/n stay in camp/ Dharmashala. The place is of great religious importance and provide fascinating views of the prepetual snow & Kedar peak ranges.The place is of great religious importance, the wedding of Lord Shiv and Sati was solemnized here in presence of Lord Vishnu.Of special interest is an eternal fire which according to legend believed to never extinguish.
- 17.5.2010** After b/f 11 km trek to Gaurikund, 1960m. with packed lunch. At Gaurikund there is thermal springs of medicinal value offers a bath for relaxation and rejuvenation. Dinner & o/n stay in TRH Gaurikund.
- 18.5.2010** After b/f 14 km trek to Kedaranth ji, 3584m. with packed lunch. Dinner & o/n stay in TRH Kedarnath. Kedarnath is the seat of Lord Shiva & one of the twelve”Jyortirilingas.
- 19.5.2010** In the morning darshan & Pooja. After b/f 14 km trek to Gaurikund with packed lunch. In the afternoon sulphur water hot spring bath. Dinner & o/n stay in TRH Gaurikund.
- Tour concludes.**
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NOTE: Itinerary is subject to change due to any natural calamities and weather conditions. Each participants will have to carry his personal belongings and the equipments provided for the trek. Entrance fee for National park, sanctuaries, reserve forest, forest panchayat, shooting & filming fee will be directly paid by the individual participant to the concerning forest offices as per the government norms.
